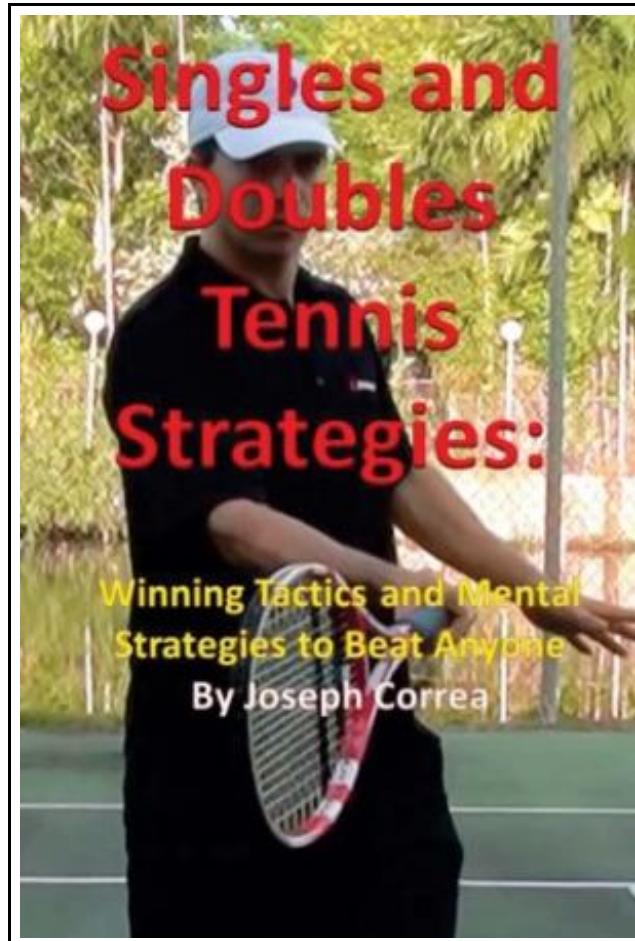


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Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Singles and Doubles Tennis Strategies: Winning Tactics and Mental Strategies to Beat Anyone By Joseph Correa Pro tennis player and coach, Joseph Correa, teaches you the most important singles and doubles tennis strategies and tactics around to help you maximize your potential. Learn about: - Formation doubles strategies - Classic doubles strategies - Advanced doubles strategies - Basic tennis strategies - Advanced tennis strategies - Mental tennis strategies - and more. Some of the strategies you will learn how to do are: How to beat an all-court player. How to beat the net rusher. How to overcome lobbers. What to do after you double fault. Learn from the best with this great tennis strategy book that will get you winning more matches and thinking better on and off the court. Win more matches by using the right strategy for each situation. Every player is different in their own way. Some players prefer to stay on the baseline, while others prefer to rush the net. This book will give you the answer to your strategy questions. These 32 strategies will teach you how to beat many different types of players and will help you to overcome mental obstacles through specific mental strategies that are included in this book. The more strategies and tactics you know and can use the better it is for you. Learning to master the mental side of tennis has always been a difficult part of the game. Some players have decided to simply not train mentally or simply ignore it which is a big mistake. It is said that winning in tennis is 80 - 90 MENTAL! Just take into account that key...



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