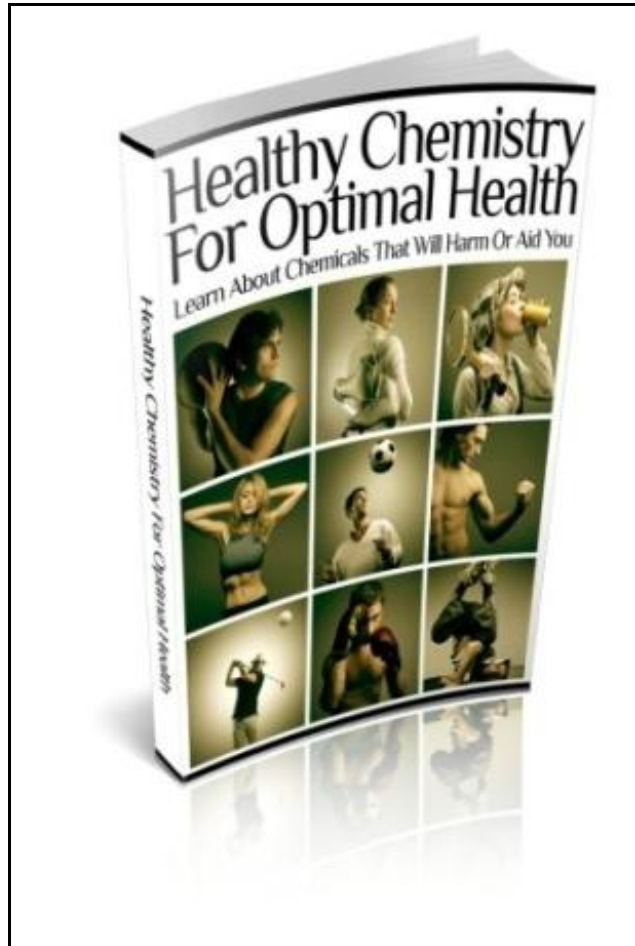


## Healthy Chemistry for Optimal Health



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***(Hunter Witting)***

## HEALTHY CHEMISTRY FOR OPTIMAL HEALTH



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Createspace, United States, 2015. Paperback. Book Condition: New. Large Print. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Thousands Have Used Chemicals To Improve Their Medical Condition! Maintaining good health is not as difficult as you think. The body, as you probably know from your school days, has built-in mechanisms for taking care of itself. The problem is that people sometimes forget that for these built-in mechanisms to work, they are to maintain a certain diet as each and every one of the nutrients they get from foods they eat contributes to the maintenance of a body chemistry that allows the body to function smoothly. Table Of Contents - Foreword - Chapter 1: Introduction - Chapter 2: The Chemistry of the Blood - Chapter 3: The Relationship Between The Biology And The Chemistry Of The Blood - Chapter 4: Dangerous Chemicals to the Body - Chapter 5: Good Chemicals to the Body - Chapter 6: The Impact of the Chemistry of the Chemicals - Chapter 7: 10 Reasons Why You Should Avoid Bad Chemicals - Chapter 8: Reasons on Why You Should Only Have Good Chemicals - Chapter 9: Factors To Take Into Consideration In Selecting The Kinds Of Chemicals To Incorporate Into The Body - Wrapping Up: Chemicals and Optimal Health.



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