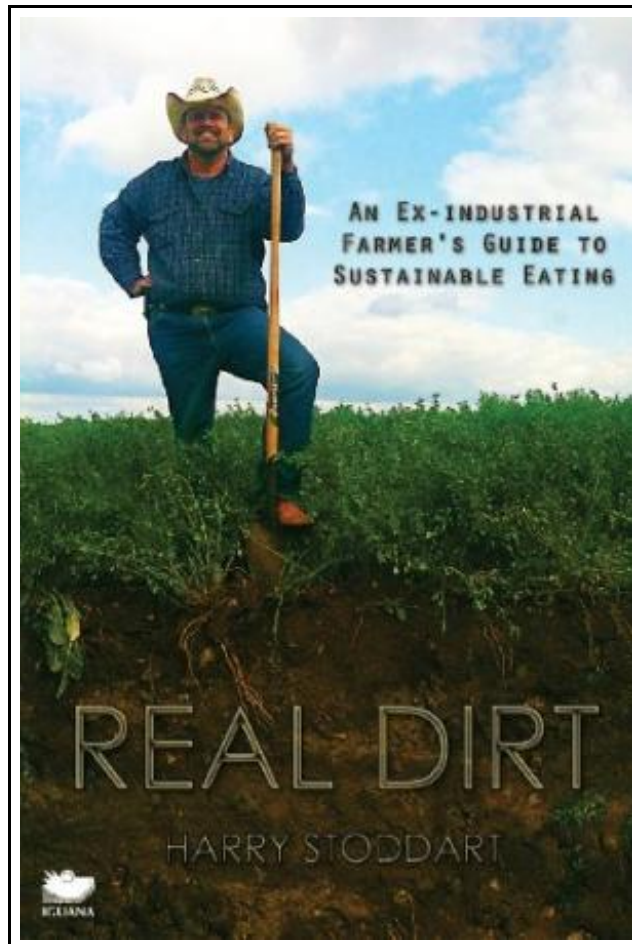


Real Dirt: An Ex-Industrial Farmer's Guide to Sustainable Eating



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(Dr. Porter Mitchell)

REAL DIRT: AN EX-INDUSTRIAL FARMER S GUIDE TO SUSTAINABLE EATING



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Iguana Books, United States, 2013. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Real Dirt is a groundbreaking book for any reader interested in learning more about where food comes from. Harry Stoddart shares years of experience and knowledge in his quirky dissection of agriculture and what we eat. Among his many achievements, he has developed a farming system he believes is the starting point for genuinely sustainable agriculture. A sixth-generation farmer, Harry bought his parent s swine confinement animal feeding operation two decades ago. He converted the farm to be a certified organic system and then to a new one he feels will transform the way we raise and grow our food. He shares this story and more with readers in Real Dirt: An Ex-industrial Farmer s Guide to Sustainable Eating. Harry tackles the major food industry problems, delving into the science and economic issues surrounding sustainable farming. He navigates the whys and hows of GMOs, resistance-building doses of antibiotics, pesticides, and confinement animal housing, while elaborating on how he damaged the environment more in his first years as an organic farmer than as a conventional farmer. Harry skillfully educates eaters about how they can individually participate in and demand sustainable agriculture. Real Dirt challenges consumers to choose a better future for food production. I found it very persuasive on many points. Also well written and clear and funny. Congratulations-- it s an important contribution to the conversation. -Michael Pollan, Author of Cooked: A Natural History of Transformation (2013) and New York Times bestseller Food Rules: An Eater s Manual (2010) The most important person to read the message contained in these pages is every consumer, and that s you! Your life will be better for it .You may...



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