



Life's New Hurdles

By Colin Jackson

Accent Press Ltd. Paperback. Book Condition: new. BRAND NEW, Life's New Hurdles, Colin Jackson, This is Colin's story about becoming an adult at 35 years of age. From a strictly time-tabled athletics lifestyle from the age of 17, suddenly, after retiring from his sporting career, he had to grow up very quickly. Having created a name for himself on a world stage, now he has to create a life in reality. Colin talks about the glamour of "Strictly Come Dancing" and the emotional journey of "Who Do You Think You Are?" that took him back to his ancestors' roots in Panama and the Caribbean plus his motivational work with young children.

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